

# “Queen of Heartburn”... Dethroned!

“I’ve had heartburn for almost 20 years. I used to kid I was the “Queen of Heartburn”. I had Tums in my purse, my car, my desk at work, upstairs and downstairs at home. I also have Tagament on hand for the bad days and lately I needed the Tagament more and more. I was diagnosed as a hyper-secretor of stomach acid many years ago. So I understood my condition and what to do to live with it. With all the latest on acid reflux disease and cancer of the esophagus studies in the news I was preparing to go back to the gastroenterologist to see if I should be concerned.

A co-worker had been seeing Dr. Steve for her migraines and mentioned she too had stomach problems and they were working on that too with great results. Since I very rarely go to any doctors I was hesitant but I was going to go to a doctor soon since my condition was getting worse. I chose to try Chiropractic first. My X-rays showed my back was fairly in line and I have had no back problems. I was doubtful that this could work for me.

Here I am almost heartburn free. The theory makes sense to me and I haven’t felt this good in years so it must be working. Dr. Steve also recommended that I cut out caffeine from my diet. Although I wasn’t having much, this has added an extra level of cure for my stomach. I have much less indigestion since I cut out caffeine.



I try to tell as many people I know who have this condition the response is almost always the same....A CHIROPRACTOR?????  
.....HEARTBURN????? I told them-  
“YES, That’s what I used to think, but if I can be cured-it’s worth a try for you!”

--Cindy Fritz

*Cindy Fritz*